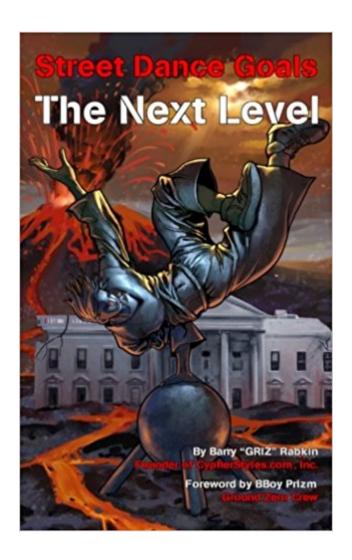
The book was found

Street Dance Goals - The Next Level (Super Power Practice) (Volume 2)





Synopsis

To make the fastest progress possible, you need a clear understanding of your exact street dance goals and how to achieve them. "Street Dance Goals - The Next Level" teaches you, step by step, how to select the right street dance goals for you and reach them in record time! Whether you want to tighten up your footwork and get props at a local jam, or master your airtrack to flare combo and win an international battle, this book will help you conquer every challenge in your path! With a foreword by Street Dance Pioneer and Strength Trainer BBoy Prizm of the legendary Ground Zero Crew, this book gives you everything you need to take your street dancing to the next level! Barry "GRIZ" Rabkin is the founder of CypherStyles.com, the world's largest street dance source! GRIZ's lessons make it easy for beginners of all ages to quickly master advanced concepts and help experienced dancers perfect their own unique styles. GRIZ has spent over a decade professionally performing and teaching street dance, sharing the most effective practice and training theories. His research led him to a degree in Psychology and certification as both a National Council on Strength and Fitness Personal Trainer and a Sports Nutritionist. GRIZ has had the opportunity to learn secrets from hundreds of world class dancers and the "Super Power Practice" book series passes all that focused knowledge on to you. Take your street dancing to the next level! Join the tens of thousands of people all over the world who have already learned street dancing from CypherStyles.com!

Book Information

Series: Super Power Practice

Paperback: 120 pages

Publisher: CreateSpace Independent Publishing Platform (October 17, 2015)

Language: English

ISBN-10: 1517331803

ISBN-13: 978-1517331801

Product Dimensions: 5 x 0.3 x 8 inches

Shipping Weight: 6.6 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #769,542 in Books (See Top 100 in Books) #48 in Books > Arts &

Photography > Performing Arts > Dance > Popular #63053 in Books > Humor & Entertainment

Download to continue reading...

Street Dance Goals - The Next Level (Super Power Practice) (Volume 2) Goal Setting: Reach Goals

Fast: The Ultimate Guide To Goal Setting - The Most Effective Way To Reach Goals Fast (Goal Setting, Motivation, Action Plan, ... Goals, Success, Self-Discipline, Organized) Street Dance Skills & Drills - BBoy Bootcamp (Super Power Practice) (Volume 3) My Irish Dance Journal: Keeping track of my Irish Dance practice, goals, results, aspirations and lots of other stuff Prepare For Battle -Street Dance Secrets (Super Power Practice Book 4) Find What You Were Born For: Design Goals That Bring Purpose To Your Life - How To Shape Your Future, Craft Goals To Your Calling And Create Lasting Change (Book 2) How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More Beginning Power BI with Excel 2013: Self-Service Business Intelligence Using Power Pivot, Power View, Power Query, and Power Map Power Pivot and Power BI: The Excel User's Guide to DAX, Power Query, Power BI & Power Pivot in Excel 2010-2016 Bull by the Horns: Fighting to Save Main Street from Wall Street and Wall Street from Itself Super Simple Jewelry: Fun and Easy-To-Make Crafts for Kids (Super Sandcastle: Super Simple Crafts) Kindergarten Super Math Success (Sylvan Super Workbooks) (Math Super Workbooks) Fourth Grade Super Math Success (Sylvan Super Workbooks) (Math Super Workbooks) First Grade Super Math Success (Sylvan Super Workbooks) (Math Super Workbooks) First Grade Super Math Success (Sylvan Super Workbooks) (Sylvan Math Super Workbooks) Kindergarten Super Math Success (Sylvan Super Workbooks) (Sylvan Math Super Workbooks) Third Grade Super Math Success (Sylvan Super Workbooks) (Sylvan Math Super Workbooks) Fifth Grade Super Math Success (Sylvan Super Workbooks) (Sylvan Math Super Workbooks) The Ballroom Dance Coach: Expert Strategies to Take Your Dancing to the Next Level African Dance Trends (Dance and Fitness Trends) (Dance & Fitness Trends)

<u>Dmca</u>